

Fitness LEVEL UP

Level up on your fitness with Latino Jam! With fast-paced music rhythms and a mix of Latin dance movements, our instructor will guide you through the fitness programme for a cardio workout. Bring out the explosive energy in you today!



Latino Jam Class

Instructor:	Den
Time:	Wednesday, 9:30am to 11:00am
Fees:	4 sessions Member \$109.00 w/GST Guest \$138.80 w/GST
Venue:	Aerobics Room

For enquiries, please call **Sports & Recreation Department** at 6357 3566 / 567 or email snr@rtc.com.sg.