



# Step up for a *Dance Workout*

Zumba Fitness brings you classes almost like a dance party. The lively, high-energy classes emphasized that you have a good time while moving to the upbeat music, getting a full body workout and boosting your endorphins. You cannot wait to return for your next class!

## **Zumba Fitness**

Instructor: Aaron

Time: Thursday,  
7:30pm to 9:00pm

Fees: 8 sessions  
Member | **\$200.56 w/GST**  
Guest | **\$222.36 w/GST**

Venue: Aerobics Room