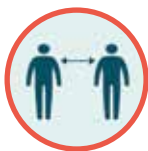


SPORTS & RECREATION PHASE 2 OPERATION

FACILITIES	RE-OPENING AND GUIDELINES
The Gym	<ul style="list-style-type: none"> • Open on Mon, 22 June • Opening hours: 7.00am to 10.00pm daily • Restricted to members only; no guests allowed. • Only 10 members are allowed inside The Gym, at any point of time. • The Gym entry is by booking only. Each member is allowed to use The Gym for 60 minutes per day. Booking is allowed 7 days in advance, by telephone (6357 3566/567) or in person at The Gym counter. • Members can extend the booked slot if there is a vacancy for the next slot, 5 minutes before the end of the booked slot. • Members to comply with safe distancing measures
Swimming Pool / Tennis Court / Swimming & Tennis lessons	<ul style="list-style-type: none"> • Open / resume on Mon, 22 June • Members to comply with safe distancing measures
Towel Counter/ Changing Rooms	<ul style="list-style-type: none"> • Open on Mon, 22 June • Members to comply with safe distancing measures
The Bowling Alley	<ul style="list-style-type: none"> • Closed till further notice.

SAFE DISTANCING MEASURES



PRACTICE SAFE PHYSICAL DISTANCING

1 meter while not exercising.
2 metres (2 arms-length) between individuals should be maintained in general while exercising and playing sports.
A physical distancing of 3 metres (3 arms-length) between individuals should be observed for indoor high-intensity or high-movement exercise classes.



NO SHARING

Sharing of common equipment should be avoided. Personal equipment should not be shared. If this cannot be done, then equipment should be wiped down / sanitised frequently. This includes gym equipment such as weights, and sport equipment such as basketballs.



WEAR A MASK

Mask should be worn as a default. Masks can be taken off when performing strenuous activities, although it is still recommended as good practice even under such circumstances.



AVOID OVERCROWDING

Members to minimise time spend in changing room and not socialise in changing rooms and waiting area.

FACILITY CAPACITY

The Gym	Up to 10 members allowed
Harmony Room	Up to 8 members allowed
Aerobics Room	Up to 8 members allowed
Main Swimming Pool	Up to 20 members allowed
Children's Fun Pool	Up to 10 members allowed
Male Changing Room	Up to 15 members allowed
Female Changing Room	Up to 15 members allowed
Tennis Court	Up to 10 members allowed per court