

# *A Joyous Party!*

*Burn your calories at the Zumba Christmas party! The Latin inspired workout, with a mixture of low-intensity and high-intensity dance moves, is a joyful way to move towards better fitness. Let's dance and celebrate Christmas with your fitness buddies over party food!*



*Bring a **GIFT**  
for the Gift  
Exchange Game!*

## **Zumba Christmas Party**

Instructor: Jarren & Aaron

Date: Saturday,  
14 December 2024

Time: 3:30pm to 5:30pm

Fees: \$49.05 w/GST

Venue: The Bar